

Considerations For Selecting a Coach

Selecting a coach for yourself can be a challenging decision. Prior to selecting a coach, please review the list of considerations below and identify which considerations are most important to you.

Alignment and personal compatibility

- Able to make the necessary time commitment
- Compatible schedules
- Able to observe your Experiential Learning Activities and provide feedback
- Personality fit
- Communications style
- Your comfort level with this person
- Shared values and beliefs
- Mutual trust and respect
- Will likely bring out the best in you

Qualifications and experience

- Relevant life experience and/or stage of life
- Commitment to ongoing learning
- Ministry expertise in areas that interest you
- Expertise in areas relevant to CSOL
- Capable of connecting you with other subject matter experts
- Empathetic listener
- Competent problem solver and/or facilitator
- Committed to helping you think spiritually and draw nearer to Christ